



Better World Betty

CVILLE'S FAVORITE GREEN RESOURCE



3 Steps to Eco-friendly Hosting

1. Go paperless. Tell your friends.

Save paper and use e-vites or Facebook events. Let your friends know your party will be eco-friendly, especially if they're bringing food too!



2. Be food conscious.

One of the easiest ways to be an Earth conscious host is with food choices. Try an all vegetarian menu (it's the most earth friendly diet). Source your food from local farmers' markets. Don't overcook. Make sure you know how much food you need for your guests. If guests are bringing food, help coordinate so there is less waste.



3. Go zero waste!

Use reusable plates, cups and utensils instead of disposable ones. Make sure you have easily accessible and visible recycling bins. Compost any food waste from plates, cooking and napkins.



Better World Betty's mission is to empower people and businesses with the tools they need to be more environmentally sustainable. We provide local information, resources and solutions to eco-problems in a friendly, non-judgmental, and digestible way.